

# PREGNANCY & VACCINATION

## 8 THINGS YOU NEED TO KNOW



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1

You aren't just protecting yourself--vaccines during pregnancy also give your baby some early protection!

2

The recommended vaccines during your pregnancy are flu, Tdap, and COVID-19 vaccines.

3

The Tdap vaccine helps protect against whooping cough, which can be really dangerous for your baby!

4

And remember with each pregnancy, you'll need to get the Tdap booster!

5

Pregnancy increases the risk of being hospitalized with the flu. Get vaccinated during the flu season (October to March)!

6

Getting a COVID-19 vaccine while pregnant can help protect your baby even before they can get vaccinated!

7

Newborns don't have fully developed immune systems and are vulnerable to infections. Anyone around your baby needs vaccines too!

8

Timing of vaccinations is everything! Consult with your provider to know what schedule is best for you.